

## **GLIDING AUSTRALIA**

The Gliding Federation of Australia Inc. ABN: 82 433 264 48 C4/1-13 The Gateway, Broadmeadows Victoria 3047 Phone: (03) 9359 1613

## **Declaration of Physical Fitness**

**Note:** This declaration is to be made annually by members who intend to fly as "pilot in command" and do not hold a valid CASA Medical Certificate or a Medical Practitioner's Certificate of Fitness in the form at Appendix 2 of the GFA Operational Regulations.

hereby declare that to the best of my knowledge I am not suffering from any physical condition that would preclude me from operating a glider as pilot in command.

I further declare that I do not suffer or have not suffered from:

- Heart failure within the last 3 years
- Cancer in the last 5 years
- ECG changes
- Insulin dependent diabetes
- Transient ischaemic attacks (sometimes referred to as a mini stroke)
- Multiple sclerosis, cerebral palsy, Parkinson's disease
- Significant head injury
- Renal calculus disease (kidney stones)
- Vestibular disorders (vertigo)
- Inability to hear conversational voice at a distance of 2 metres (a hearing aid may be used)
- Physical limitations or disabilities

In the event of my contracting any physical condition precluding me from operating a glider as pilot in command, I undertake to the Gliding Federation of Australia that I will cease flying in that capacity while the condition makes it unsafe for me to do so.

Pilot's signature.....Date.....

Signature of parent or guardian (for persons under 18 years) .....

**Note:** Members who are unable to make this declaration may obtain a medical clearance to fly as pilot in command in the form at Appendix 2 of the GFA Operational Regulations.

## Please upload this form to your 'JustGo' profile:

- 1. login to 'JustGo;
- 2. click on the 'Credential' tab to the right of your profile picture;
- 3. Click on 'Add Credential';
- 4. Select 'Medical Certificate or Declaration' credential from the list;
- 5. After completing the various fields, you should upload a signed copy of this declaration.